## **ENDS AND TRENDS WITH KIM AND KAREN**

Kim's Tip: Summer Hair Care Tips



Here are a few tips to help you keep your "mane tamed" during the summer.

- Clarifying Shampoo Perfect for use after swimming and any chlorine deposits
  that are left on your hair. Remember to always follow up with a deep conditioner
  to replace any moisture lost.
- Serums They are great for controlling frizz. Try one that is silicon-free to help keep your style smooth throughout the day.
- **Sunscreen** Your hair should be treated like your skin. Use hair products with sunblock protection in them after you wash to protect color fade. If you plan to be in direct sunlight, you should still try to cover your head with a hat or scarf.

Enjoy the warm days ahead!!!